



ANWPB Natural Medicine Exam Support

Prep Course: www.trinityschool.org/anwpb

Books:

*Naturopathy for the 21st Century – Thiel, Robert

*Practical Herbalism – Fritchey, Phillip

Never Be Sick Again – Francis, Raymond

*Handbook of Chinese Medicine and Ayurveda: An Integrated Practice of Ancient Healing Traditions - Shea, Bridgette

The Foundations of Chinese Medicine: A Comprehensive Text - Maciocia, Giovanni

Prescriptions for Nutritional Healing – (5th ed.) Balch, Phyllis A.

*Techniques in Iris Analysis – Tart-Jensen, Ellen

Bodyworks Articles 1-12 – Tart-Jensen, Ellen

Prescription for Natural Cures (3rd ed.) – Stengler, Mark, et. al.

The Bach Remedies Workbook – Ball, Stephen

*Textbook of Natural Medicine (4th ed.) Pizzorno, Joseph E.; Murray, Michael T.

Merck Manual - Professional Edition

Encyclopedia of Nutrition and Good Health – Ronzio, Robert A.

*Body Structures and Functions, 13th Edition – Scott, Ann Senisi; Fong, Elizabeth

*Dictionary of Bach Flower Remedies – Jones, T.W. Hyne

*Face Reading in Chinese Medicine (Second Edition) - Bridges, Lillian

Other Resources:

* www.bachcentre.com

* <https://www.aromaweb.com/default.asp>

**All resources with an asterisk are considered top priority*