



ANWPB Nutrition Exam Support

Books:

Advanced Human Nutrition, 4th Edition - Denis M. Medeiros, Robert E.C. Wildman

The Encyclopedia of Healing Foods - Michael Murray, Joseph Pizzorno, & Lara Pizzorno

Hole's Essentials of Human Anatomy & Physiology, 13th Edition - David Shier, Jackie Butler, Ricki Lewis

Advanced Nutrition: Macronutrients, Micronutrients, and Metabolism, 3rd Edition - Carolyn D. Berdanier, Lynette A. Berdanier

IFM Clinical Nutrition, A Functional Approach – Dan Lukaczer

The World's Healthiest Foods – Essential Guide for the Healthiest Way of Eating, 2nd Edition - George Mateljan

Prescriptions for Nutritional Healing, 5th Edition - Phyllis A. Balch

Food Safety: Theory and Practice – Paul L. Knechtges

Modern Food Microbiology – James M. Lay, Martin J. Loessner, and David A. Golden